



SOLID ROCK
B I B L E C A M P

**TUBING HILL
RULES**

The Solid Rock tubing hill is used at your own risk. There are serious risks in using the tubing hill. Risks can be reduced by following Solid Rock Guidelines. Expenses incurred for medical treatment during participation at Solid Rock is responsibility of the individual and/or guest group. If the temperature is below 0°, the tubing hill operation may be limited or closed.

Tubing Hill Rules:

1. The tubing hill is closed unless supervised by Solid Rock Bible Camp Staff.
2. Gloves must be worn to use the tubing hill.
3. Only one person per tube.
4. Only one person on the run at a time.
5. Each person must wait to proceed down hill until instructed/signaled by a Solid Rock staff member.

We ask that you move out of the way as soon as you complete your run to clear the path for the next person. If you come off of your tube during a run, please get up and move out of the way as soon as possible. If you are injured or need help, please notify the nearest Solid Rock staff member.

Rope Tow Rules:

1. The rope tow is to be used only under the supervision of Solid Rock staff.
2. Follow the directions of the Solid Rock staff.
3. No scarves are to be worn outside of coat on the rope tow. Please tuck any scarves or long hair into your hat or the back of your coat.
4. Do not wrap your arms or legs around the rope.
5. If you get caught in the rope, please call to staff for help.

In the case of an emergency: For serious injuries requiring emergency medical services, please notify a Solid Rock staff member.

IT IS THE RESPONSIBILITY OF THE GUEST GROUP LEADER TO READ THE TUBING HILL RULES TO ANYONE ARRIVING LATE.